

Adult CPR/AED

1. Survey the scene.
2. Check for *responsiveness* - If *no response*, Phone 911 (use land phone when possible).
3. Open airway using head tilt and chin lift = check for normal breathing and pulse (if *PULSE* and or *breathing* CPR is NOT required = maintain airway and try to place or put in recovery position).
4. If *NO PULSE* start *CPR*= give 2 breaths and 30 compressions.
5. Repeat sets of compressions and breaths until help arrives and or *AED* arrives.
6. When *AED* arrives, turn on and follow commands.

Signs of Stroke

-Lack of Ability to Speak

-Confused

-Vision Impaired

-Facial drop occurs suddenly

-3 SIMPLE TESTS=1. Ability to Smile

2. Ability to Raise both hands

3. Simple Speech patterns

IF THESE ARE PRESENT-DO NOT GIVE ASPIRIN

(causes heart palpation)

Signs of Heart Attack

-Chest Pain

-Left Arm Pain (side)

-Sweating

-Nausea

-Shortness of Breath

-Back Pain